



## What Does ChatBus Offer?

- Free professional counselling in a familiar setting.
- Opportunity to talk and be listened to without judgement.
- The development of interpersonal skills while accessing support.
- Opportunity to develop resilience.
- Life skills for the present.
- Hope for the future.
- Children gain an understanding of their own uniqueness and worth.

## Staff

- ChatBus Provides a professional counselling service to children within Intermediate & Primary schools.
- ChatBus employs only qualified, experienced counsellors to ensure a high quality service.
- Chatbus counsellors must be members of a professional body, and have regular clinical supervision.
- Our counsellors are always happy to hear your concerns and accept self referrals from students, parents or other professionals.
- Your counsellor is: **Sandra Lea**

## Confidentiality

- As with other counselling services, client confidentiality is protected, unless the counsellor believes that a person is in danger of serious harm. If this is the case, the school Principal is notified.
- The children need to know that they can talk safely without their conversation being repeated. If there is something you need to know, the counsellor will talk to your child about this before you are contacted, so they can understand the importance of having mum or dad involved.
- Sometimes parents will be contacted to support the work that happens at school, or to offer you support in working with challenging behaviour.
- Teachers are aware of who visits ChatBus, but they are not informed of what your child talks about, unless it concerns the classroom. If your child talks about what is happening at home, this information is protected.

## Issues Children Face

- Children today face a number of issues that cause them worries.
- Sometimes they face challenges at school with friendships.
- Sometimes they face challenges at home, such as parents fighting, blended families, separation or divorce, grief etc.
- Sometimes they face challenges from within such as fears or anxieties, nightmares or behaviour problems.
- Often when children have worries, their learning is affected because they are distracted and have difficulty concentrating in class.
- Worries are common among children, and a little bit of professional support can help them with strategies to cope and overcome their challenges.

## You Can Help

- ChatBus is a registered charitable trust. You can invest in the well being of the children in our city by becoming a ChatBus supporter.
- Chatbus South Bank Account:  
**03-1746-0056525-000**